

Level 2 Health - Programme of Learning 2025

Overview: Health Education at Level 2 encourages ākonga to understand health issues related to both themselves and at a wider societal level. Learning is based upon contemporary topics such as gender, resilience, stereotypes, the impact of media and a range of adolescent health issues. Ākonga will gain an understanding of key health concepts around social justice, health promotion, attitudes and values that impact well-being, and apply them to contexts of their choice. This course gives students the opportunity to carry out a group health promotion that enhances the well-being of the school community. Ākonga are encouraged to share their thoughts and opinions through class discussions to support understanding of a wide range of perspectives people may hold on a given issue. Key competencies and the Rangi Graduate dispositions and values are embedded in all learning activities.

Achievement Standard Number	Subject reference	Version number	Topic/Title	Mode of Assessment	Credits	Topic framework
91236	2.2	2	Evaluate factors that influence people's ability to manage change	Internal	5	Term 1
91239	2.5	2	Analyse issues related to sexuality and gender to develop strategies for addressing the issues	Internal	5	Term 2
91237	2.3	2	Take action to enhance an aspect of people's well-being within the school or wider community	Internal	5	Term 3
91235	2.1	2	Analyse an adolescent health issue. activity	External	5	Term 3, 4

What qualification credits can be gained?

There is the opportunity to gain a total of **20** credits in Health towards Level 2 NCEA. Three assessments are internally assessed and grades for each achievement standard include Achieved, Achieved with Merit and Achieved with Excellence. One assessment is external, and this assessment is required for ākonga to earn a subject endorsement. The grade awarded is determined by the quality and depth of the work as measured against national standards. All assessments will be submitted through Assignments on Teams.