



Rangi Ruru
Girls' School

YEAR 13 FOOD & NUTRITION 2024

Course Outline
and
Assessment Information

Year 13 Food & Nutrition

Welcome to Year 13 Food & Nutrition. I look forward to working with you this year on an interesting and rewarding journey of learning. This course is planned to meet the requirements of Level 8 of the national Health and Physical Education curriculum. You will be provided with many opportunities to achieve your personal best in NCEA, at Level 3.

What will I do in Food & Nutrition this year?

You will participate in practical food experiences which have been designed to help develop health-enhancing attitudes to food and nutrition. These experiences will develop your food literacy; building skills in food selection, preparation and cooking which will be very useful for independent living. You will experience learning opportunities which will encourage you to think critically about the production, distribution, and marketing of foods. Evidence of your learning will be gathered purely from written assignments.

Class work will be completed online. OneNote folders will be set up in Teams by your teacher and you should not alter the names of these folders. Each topic will have a teacher resource folder (called content library) which is read only, and a student folder under your name for your notes. You are required to bring your device to each class period. Charges for materials will be gold sheeted.

What will I learn in Food & Nutrition this year?

- To explore the economic, cultural, and environmental factors which impact on individual and societal health
- To challenge assumptions, attitudes and values related to nutritional issues
- To develop a sense of social justice and take health-promoting action
- To analyse the messages conveyed by food advertisements
- To examine societal factors that have contributed to current dietary patterns of New Zealanders

What qualification credits can I gain?

You will have the opportunity to gain a total of **19 credits** in Food & Nutrition towards your Level 3 NCEA.

You can gain different grades for an achievement standard: Achieved, Achieved with Merit and Achieved with Excellence. The grade you achieve is determined by the quality of your work as measured against national standards. All assessments will be submitted through Assignments on Teams.

Table of the achievement standards in this course

Achievement Standard Number	Subject reference	Version number	Topic/Title	Mode of Assessment	Credits
91466	3.1	2	Investigate a nutritional issue affecting the well-being of New Zealand society	Internal	5
91469	3.4	2	Investigate the influence of multinational food corporations eating patterns in New Zealand	Internal	5
91471	3.6	2	Analyse the influences of food advertising on well-being	External	4
91468	3.3	2	Analyse a food related ethical dilemma for New Zealand	Internal	5

Assessment Procedures

Information about assessment is provided for you in the Rangi Ruru Girls' School Student Handbook (Assessment Policy). Ensure you read this thoroughly and follow all guidelines. Know your rights and responsibilities.

How can I ensure I succeed in Year 13 Food & Nutrition?

- be engaged and actively participate in all learning activities
- ask questions to further your understanding
- be open to feedback and use it to improve your work
- keep up to date with your work and hand assignments in on time

Remember to ask your teacher if you are unsure about anything. I want you to succeed and am happy to help you.

A determined effort and a positive attitude throughout the year will help you enjoy your personal best from this course.