



## **Year 9 Outdoor Education Camp Mount Hutt Retreat 2023**

During your daughter's time at Rangi Ruru there will be a number of occasions where education will take place outside the classroom environment. Some EOTC (Education Outside the Classroom) activities are specific to certain curriculum areas, while other Outdoor Education camps include the whole year group and provide girls with a variety of experiences to develop individual personal qualities such as confidence, resilience and adaptability.

The main aim of the Year 9 Camp is to help the students to get to know classmates, Tutors, and the Dean. Students will be introduced to a range of adventure-based activities and co-operative group challenges to help develop a number of key competencies and skills such as: decision making, problem solving, taking responsibility for themselves and others, evaluating their own learning and applying it to new situations.

The Year 9 Camp will be over two days including an overnight camp, in the fourth week of the first term. The cost is covered by the school so there will be no additional charge for the camp.

In 2023 the camp will be held at Mt Hutt Retreat. Year 9 will be split into two groups, with three tutor classes going on each camp.

**Camp 1:** 9Bv, 9La & 9Ma - Tuesday 21 February to Wednesday 22 February

**Camp 2:** 9Kt, 9Tn & 9Rv - Thursday 23 February to Friday 24 February

As there are two very full days of planned activities, your daughter will need to be at school by 7.30 am for a gear and roll check. We will travel to the camp by bus and will return on the second day at approximately 4.30pm. Each class will be accompanied by their Tutor. The camp will be based at Mount Hutt Retreat close to Methven. Contact with the camp can be made via the school in the event of an emergency.

As the wellbeing and safety of your daughters is a priority of the school, we have contracted Horizons Unlimited to lead and run the programme of activities. The company uses professional and highly trained instructors leading various fun, adventure and learning experiences to enhance personal development. The local outdoor environment offers a range of sites for various activities including Washpen Falls and Lake Lyndon. The activities could include problem solving initiatives, ropes courses and stand up paddleboarding and water-based activities. The actual programme offered will depend on weather and conditions at the time of the camp. Horizons provides all specialist equipment for all activities and their safety management system with Outdoorsmark accreditation aims to minimize risk and keep participants safe. Further information is available on the Horizons website at <http://www.horizons.co.nz/> or from school.

Our past experience of this camp is that the girls find that meeting the challenges of new and exciting activities in a natural environment with the support of their peers, provides a stimulating beginning to their secondary schooling.

The Consent and Risk Acknowledgement and Health Profile will be emailed early next year for you to complete.

Ngā mihi,

Alexandra Priest  
**Year 9 Dean**

## Year 9 Camp Mount Hutt Retreat 2023 Gear List

Gear List (please ensure all clothing is named)

**Packed lunch and snacks for the first day and for bus ride home (Allow plenty of healthy snacks.)**  
**Water bottle**

- Day pack to take out on activities
- 2 t-shirts and shorts (These could get wet, dirty or muddy. *Quick drying clothing is better.*)
- Flat soled walking shoes (Trainers or boots which may get muddy and wet.)
- 2 thermal tops and bottoms
- 2 warm layers of clothing (fleece or merino)
- Waterproof jacket (and pants if you can)
- Beanie and gloves
- 4 pairs socks preferably woollen and warm
- 3x underwear
- Swimming togs
- Towel
- Sunhat, sunscreen, insect repellent.
- Sunglasses (preferably with a strap to tie on)
- Pen and pencil
- Small first aid kit
- Large plastic bags or rubbish bags for wet gear.
- Sleeping bag, pillow, pillow slip
- Casual clothing to wear round camp (pants, hoodie, sandals, jandals, pyjamas etc.)
- Torch
- Toilet gear (face cloth, small soap, toothbrush, small tooth paste, comb, towel, tampons etc)
- Personal medication
- Pack or bag to hold all gear.

### Optional

Camera (at your own risk)

Do not bring personal musical or electronic devices OR PHONES!